

C.H.E.E.R.S COMMITTEE

Your C.H.E.E.R.S Committee

Members are

Liz Mortlock

Kayla Kendrick

Vicki Knudson

Bob Tully

Danny O'Connor

Tamara Higgins

Neil Hennaert



BIG CHANGES COMING FROM OUR CHEERS COMMITTEE!

This is the time of year to remember to wear layers! When leaving the home in the morning it can be very cool but as the day progresses it warms up! Be sure to bring a jacket with you!

This is also the time of year to be pulling out your sunscreen!

Extra Extra!

NEW Cheers videos being released soon! Stay Tuned!

The New TGIF Videos will be release soon! We will still be covering topics that are important to you but will be changing the way it is done. We know that weather, time, and life can often get in the way and we don't want anyone to miss out!

The freedom and ability to learn from the comfort of your own home is closer than you think! Provide your feedback, ask questions and learn something new right from your own home!

Our committee is excited to launch this new program for you and can not wait to reveal how our new programs will run!

Know anyone who can benefit from these discussions? Let us know! Contact your supervisor today or one of our committee members to let us know who might be interested in using some of our programs!



Dust off your dancing shoes!!!

Join the *C.H.E.E.R.S* Committee for Supported Lifestyles' 1st

2016

DANCE EVENT

D.J Service
Provided by
our very own ,
very talented
Marvin
Culture



Date: Thursday April 21st, 2016

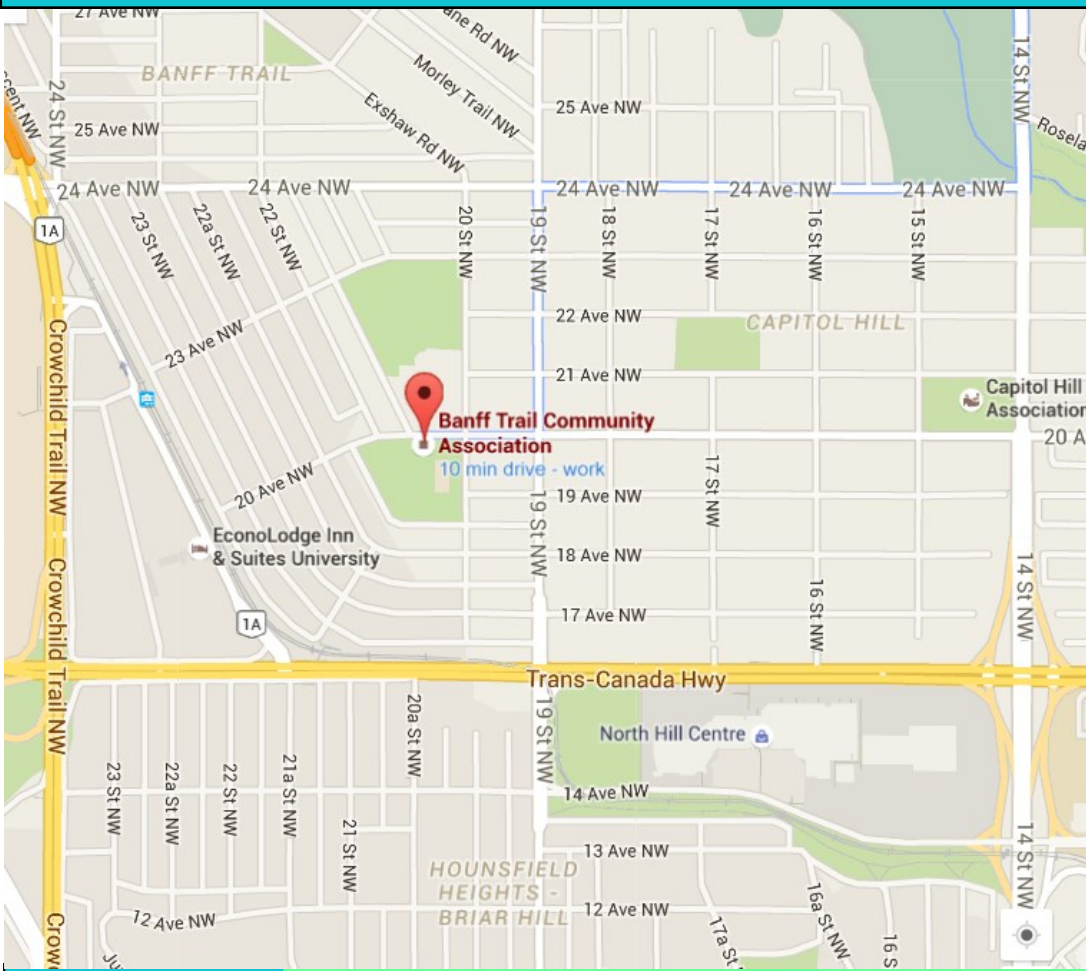
Time: 1:00-2:30

Location: Banff Trail Community Association

2115 20 AVE, Calgary, AB

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The Reel Deal with George P.

We are lucky to have our own in-house movie critic. Here is what he has to say...

Norm of the North

This movie is about a polar bear having good time... George enjoyed this movie overall. He didn't like when they shot a sea lion out of a cannon and squashed little fuzzy animals on the landing.

Overall: Ok. 3/5 stars

Allegiant

(From the Divergent series) This movie is about a Pure girl that wanted to go outside the wall and several characters were trying to stop her. She goes anyway and finds out the truth they are trying to hide from her.

George gives this movie 3/5

George says this movie could have been better .The action was ok, storyline was ok, but they could have done more.

The Revenant

This movie is about a man running from enemies both human and animal in the wilderness – a tale of vengeance and beating odds, and even had a fight with a Grizzly Bear. Lots of drama and the scenes were pretty real looking.

George gives it 5/5 (*except for the blood and gore).

ON DVD: Road to Perdition

A hitman's son figures out what his father actually does for a living.

George liked this movie. 5/5 – scary